

**Town Manager's Weekly Message**  
*Keeping you informed about what's happening in the Town of Meredith*

This message is updated each Friday to keep residents informed about town issues and activities.  
**11.18.2016**

**ANNOUNCEMENTS AND UPCOMING EVENTS IN MEREDITH:**

**Next Meredith Select Board Meeting:**  
**November 21, 2016**  
[11.21.2016 Agenda](#)

**HOLIDAY CRAFT FAIR**

Come join the Meredith Parks and Recreation Department for the 5<sup>th</sup> Annual Craft Fair – Saturday, November 19<sup>th</sup> at the Meredith Community Center from 9am-2pm [Craft Fair Info](#)

**THANKSGIVING HOLIDAY**

The Meredith Town offices will be closed on Thursday November 24<sup>th</sup> and Friday November 25<sup>th</sup> for the Thanksgiving Holiday. We will re-open on Monday, November 28<sup>th</sup> at 8am.



**WATER AND SEWER DEPARTMENT**

*Questions: Call the Town of Meredith Water and Sewer Department 603-279-3046*



**FIRE DEPARTMENT**

Consistent with Town Ordinance 20-19 (9), the discharge of any fireworks in Meredith requires a permit. Permits are available at the town website [http://www.meredithnh.org/Joomla/files/fireworks\\_permit.pdf](http://www.meredithnh.org/Joomla/files/fireworks_permit.pdf) and must be submitted 15 days prior to the date requested. Fines from \$50 - \$1000 can result from discharging fireworks without a permit. Any questions – contact Chief Jones – [kjones@meredithnh.org](mailto:kjones@meredithnh.org)

*Questions: Call the Town of Meredith Fire Station 603-279-6061*



## PUBLIC WORKS

### SEASONAL DOCK REMOVAL

The Meredith Public Works Department will remove the floating dock at Hesky Park and the Municipal dock at Lake Waukegan November 1, 2016.

**Reminder that the Town accepts waste oil free of charge at our Solid Waste facility.**

*Questions: Call the Town of Meredith Public Works Office 603-279-6352.*



## PARKS & RECREATION

### AFTER-SCHOOL PROGRAM

What to do with your children after school? Send them to the Afterschool Program at the Meredith Community Center. Children will play active games, play in the game room, arts & crafts time, outside time and much more!

Dates: August 30th-June 16, 2017

Who: Children Grades K-8

Days: Monday-Friday

Time: 3:20-5:30 pm

Location: The Meredith Community Center

Call the Meredith Parks & Recreation Department at 279-8197 or go to our website

[www.meredithnh.org](http://www.meredithnh.org) for more information.

**Registration:** Registration is required with payment prior to attending the program.

**Transportation:** Transportation from the Elementary School to the Community Center is provided daily on bus 22 grey. You must give the school permission for your child to ride the bus to the Community Center.

#### **Resident fees:**

1 Child        \$35.00/per week

2 children:    \$50.00/per week

3 or more:    \$65.00/per week

#### **Non Resident fees:**

1 child        \$50.00/per week

2 children:    \$65.00/per week

3 or more:    \$80.00/per week

### **INSANITY LIVE EXERCISE CLASS WITH MEGGIN ANDERSON**

Insanity Live-a challenging, group-focused athletic training instructed by Meggin Anderson, cardio conditioning, and total body group circuit designed for people of ALL fitness levels.

Insanity LIVE is similar to the home program. This is a 6 week session with upbeat new music and fresh moves keep the workout exciting!

When: October 15-November 19, 2016

Day: Saturday morning

Where: Meredith Community Center-Room B

Time: 8:00 am-9:00 am

Fees: Resident \$60

Non-resident \$65

### **EVENING ADULT PICKLEBALL**

Come try Pickleball! A fun sport that combines tennis, badminton and ping pong-an activity that everyone can have fun with! It's a great way to get some low impact exercise while having fun!

**Ages:** 18+

**Day:** Thursday nights

**Fall Session:** October 6-December 1, 2016

**Winter Session:** December 8-February 2, 2017

**Mid-Winter Session:** February 9-March 30, 2017

**Spring Session:** April 6-May 25, 2017

**Time:** 6:00 pm-8:00 pm

**Fee:** \$20 Resident/per session

\$30 non-resident/per session

\$3 per drop in visit/resident

\$5 per drop in visit/non-resident

### **FRIDAY NIGHT CLIMBING WALL**

Come climb the 24 foot high indoor climbing wall at the Meredith Community Center! We provide all the gear-no outside gear allowed!

Dates: 12/2, 1/6, 2/3, 3/3, 4/7, 5/5, 6/2/17

When: Friday nights once a month starting in October 2016

Time: 5:30 pm-7:30 pm

Where: Meredith Community Center

Who: Everyone! All ages welcome.

Cost: \$10/family or \$3/per child \$5/adult

Registration form required!

### **MEREDITH PLAYGROUP**

Come play with your children in the activity center! Parents are responsible for supervision of their children. Toys and equipment will be made available.

**When:** Mondays

**Time:** 10 am-12 pm

**Where:** Meredith Community Center

**Session I:** October 3-December 19, 2016

**Session II:** January 9-April 10, 2017

(will not meet 1/16, 2/20 & 2/27/17)

**Fees:** Resident \$10/\$3 per sibling/Per session

Non-Resident \$15/\$3 per sibling/Per Session

### **STRENGTH & BALANCE CLASS**

The Meredith Parks and Recreation Department has partnered with LRGHealthcare Rehabilitation Services to offer a Strength and Balance Class for active adults. The class will meet for 8 consecutive weeks. This class will help participants to improve their strength, balance and flexibility at a moderate and comfortable pace! Registration is required. Maximum participants 30 per class.

When: Tuesday's and Thursday's

November 1-December 29, 2016 (no class 11/8 & 11/24/16)

Time: 11:15 am-12:00 pm

Where: Meredith Community Center

Instructor: Norma Kortz

Fees: \$80.00 residents/per session \$90.00 Non-resident/per session

### **SASSY STEP & STRETCH (FORMERLY KNOWN AS SENIOR EXERCISE PROGRAM)**

This program is intended for those 55+ who want to enjoy healthy exercise in a fun, safe, and supportive atmosphere. This program runs twice a week on Mondays and Thursday, instructed by Paula Wanzer.

When: Monday's and Friday's

Time: 9 am -10 am

Where: Meredith Community Center

Session 2-October31-December 19, 2016 (no class 11/24/16)

Fees: \$20 resident/per session \$40 non-resident/per session

### **ADULT PICK UP BASKETBALL**

This is an ongoing adult pick-up basketball program. Registration form is required!

**Ages:** 18+

**When:** Mondays, ongoing

**Where:** Meredith Community Center Activity Center

**Time:** 5:15 pm-7:45 pm

**Fee:** \$3.00 per session

### **ONGOING ACTIVE SENIOR PROGRAMS**

The Meredith Parks & Recreation Department is proud to offer Senior Drop in times and the following programs to our senior community members! Meeting room "A" is open from 8:00 am-2:30 pm for older adult programs. From the end of June to the end of August and during the weeks of December, February and April Vacation the hours will change to 8:00 am-12:00 pm.

*We offer the following Programs:*

**Walk Fit** - Monday-Friday 8:00 am. A great group of walkers! Come join them in the gym, what a great way to stay fit especially during colder weather!

**Free Monday Morning Movie's** –Come join us at the Meredith Community Center in meeting room "A" for Monday morning movies once a month starting at 10 am.

**Hooks & Needles"** - Tuesdays 9:30-11:00 am. Knitting and crocheting group, a fun and productive group that knits and crochets for a good cause.

**Free Blood Pressure/Foot Clinic-** First Wednesday of the month 12:00-1:00 pm. Please stop by the Community Center or call to register in advance. \*Maximum 4 people per clinic

**Free Hearing Clinics-** Held on the third Thursday of the month at 1:00 pm, please stop by the Community Center or call to register in advance.

**Free Computer Classes-**Friday's twice a month at 9:00 am. Please bring your laptop if you have one.

For more information please call the Community Center at 279-8197!

Feel free to contact either Vint Choiniere, Parks & Recreation Director or Sarah Perkins, Program Director with any questions or concerns you may have!

### **MEREDITH PUBLIC LIBRARY**

#### **Friday November 18, 2016**

Young Writers Group at the Meredith Library 3:30 - 4:30 PM.

This group will focus on peer workshops, along with gaining valuable fiction skills.

**Tuesday November 22, 2016**

TAB Meeting at the Meredith Library 3:30 PM - 4:30 PM

The TAB is a group made up of 10-18 year-olds who want to have something to say about their library and their community.

Movie Night at the Meredith Library 5:00 PM – 7:15 PM

Finding Dory rated PG

**Wednesday November 23, 2016**

Whimsical Tales at the Meredith Library 10:00 AM – 11:00 AM.

All little people are welcomed from babies to older children. Coffee & snacks served.

Watercolor Wonder at the Meredith Library 2:00 PM - 4:00 PM

Enjoy your afternoon with paper, paint, and brush! Snacks Served. All ages are welcomed!

**Tuesday November 29, 2016**

Graphic Novel of the Month Club at the Meredith Library 3:30 PM - 4:30 PM

Secret Coders by Gene Leun Yang

Reforming Mental Health Via Hollywood at the Meredith Library 6:00 PM - 7:30 PM

Ben Harris (Professor of Psychology and Affiliate Professor of History at UNH) is the guest speaker and will be leading a study of the 1948 film *The Snake Pit* and how it shaped the public's view of mental illness.

**Wednesday November 30, 2016**

Whimsical Tales at the Meredith Library 10:00 AM – 11:00 AM.

All little people are welcomed from babies to older children. Coffee & snacks served.

Manga Club at the Meredith Library 3:30 PM - 4:30 PM

Join us to talk about your favorites series, watch some anime, maybe do some manga related crafts, and generally geek out on Japanese comics!