

The background of the entire page is a vibrant autumn scene. It features a dense arrangement of maple leaves in various shades of orange, yellow, and light brown. In the lower portion of the image, several pumpkins of different sizes and colors (orange and yellow) are visible, interspersed with more leaves. The overall composition is bright and festive, typical of a fall-themed promotional graphic.

**Meredith  
Parks  
&  
Recreation  
Department  
Fall 2016**

## Mission Statement



The main goal of the Meredith Parks & Recreation Department is to provide recreational and leisure activities for the community at large, and for people of all ages. This is accomplished by working with the schools, commercial establishments, and community volunteers to create organized programs and self-guided recreational opportunities.

### **Community Center Hours**

Monday—Friday: 8:00am—8:00pm

Saturday: 9:00am—1:00pm

### Important Phone Numbers

Community Center	279-8197
Town Hall	279-4538
Waukewan Beach	707-2558
Glenn Hart Skate Park	279-3479
Public Library	279-4303
Police Department	279-4561

#### **Inter-Lakes Youth Soccer**

Beth Hamblet 279-8403

#### **Cal Ripken Baseball**

Nancy Bickford 677-2265

Lakesregioncr.baberuthonline.com

#### **Inter Lakes Youth Softball**

Kim Durand 279-2295

#### **Bill Lamper Basketball**

Josh & Kristin Brown 677-2218

### **Parks & Recreation Director**

Vint M. Choiniere, CPRP

### **Program Director**

Sarah Perkins

### **Maintenance Crew Chief**

Russell Weeks

### **Town Manager**

Phillip J. Warren

### **Board of Selectmen**

Nate Torr

Bev Lapham

Ray Moritz

Jonathon James

Michael Pelczar

### **PROGRAMS AND EVENTS:**

In this brochure you will find the upcoming programs and events for the Meredith Parks and Recreation Department. You may also find this on our website [www.meredithnh.org](http://www.meredithnh.org)

If you have any comments or ideas for new programs please let us know. We are always looking for ways to improve our programs.

You may contact Sarah by phone 279-8197 or email [sperkins@meredithnh.org](mailto:sperkins@meredithnh.org)

# REGISTRATION INFORMATION

Registration Forms can be found at the Community Center or at

[www.meredithnh.org](http://www.meredithnh.org)

- Payment is due at the time of registration.
- Review this brochure thoroughly and make note of registration deadlines.
- A late registration fee of \$10 for RES/NON RES will be applied if registering after deadline: You will only be accepted if space allows.

We will not accept anyone after a program has started.

- Meredith residents and taxpayers receive priority in all programs.
- Non- residents are welcome as space allows.
- Proof of residency may be required.
- Please note that registration for programs that require proof of age may require a copy of birth certificate.
- Please indicate on top of registration form if you do not want your child's picture taken.

## FINANCIAL HELP

The Parks and Recreation Department attempts to keep its fees affordable for all residents. If you have an unusual financial situation that limits participation, please contact the General Assistance Office located at the Meredith Town Hall to request assistance at 279-4538.

## CANCELLATIONS

The Parks and Recreation Department reserves the right to cancel or consolidate any program that does not meet the minimum participant registration requirements.

## REFUNDS

All requests for refunds must be submitted in writing to the Parks and Recreation Department. Refunds are only given if the Parks and Recreation Department cancels the program or for extenuating medical reasons. Refunds will be prorated for medical reasons.

## SERVING THE COMMUNITY

The Parks and Recreation Department and staff provide programs for all members of the community. If you or your child have varying needs due to a disability or medical condition and you need more information, please contact us. We welcome your suggestions and will work with you to meet your needs.

# Parks and Beaches



## **Childs Park**

Located in Meredith Center. Playing field, basketball court, playground, and ice skating rink. Public restrooms are available.

## **Circle Drive Park**

Located on Circle Drive across from the Meredith Community Center. This small 1 acre partially wooded park provides a peaceful setting for picnics. No public restrooms available.

## **Waukewan Highlands Community Park**

Located off Parade Road, Route 106. 190 acre managed forest, 3 miles of trails maintained for hiking, jogging, mountain biking, snow shoeing, cross country skiing, and horseback riding. Also includes an interpretive trail. Hart's Pond is the centerpiece of the area and once served as Meredith's reservoir. Camping and motorized vehicles prohibited. Park closes at dusk. No public restrooms available.

## **Swasey Park**

Located on High Street off Main Street. Peaceful 7-acre wooded park, waterfront on the Waukewan Canal, picnic area, and great place to explore nature. No public restrooms available.

## **Prescott Park**

Located on Daniel Webster Highway, Route 3 N. Lower Prescott Park: Tot lot playground, basketball court, baseball diamond, softball fields, batting cage, ice-skating rink and skate park. Upper Prescott Park: tennis courts, soccer fields, baseball diamond, walking loop .43miles/lap. Public restrooms are available at both Upper and Lower Prescott Park. Parking for upper park located at ILES and ILHS. Park can be accessed by the North and South trails. Public restrooms available seasonally.

**HIKING MAPS ARE AVAILABLE  
ONLINE AND AT THE MEREDITH  
COMMUNITY CENTER**

## **BEACH RULES**

### **NO LIFE GUARDS ON DUTY**

- Dogs prohibited.
- Alcoholic beverages prohibited.
- Horseplay will not be tolerated.
- Glass containers prohibited.
- Open fires/coals on beach prohibited.
- A responsible person must supervise children at all times.
- Smoking allowed in designated areas only.
- Be responsible and have fun!



Thank you for helping to keep our beaches clean and safe!

### **Leavitt Beach**

Located on Lake Winnepesaukee - Leavitt Park Rd. off Route 25. Beach, picnic area, barbeque grills, and public canoe/kayak launch. Public restrooms and showers available.

### **Waukewan Beach**

Located on Lake Waukewan off Waukewan Street. May 28 — August 25. Public boat launch within walking distance. Public restroom and showers available.



## **Tennis Courts**

Tennis Courts are located at Upper Prescott Park. There are 6 courts, two are lit for night use.

### **TENNIS COURT POLICY:**

- Courts are available on a first come, first served basis.
- Parks and Recreation sponsored activities take precedence.
- A schedule of above events /activities will be posted at courts
- Play is restricted to one hour per party, if there are others waiting.
- Park closes at 10pm.
- Skateboards, bikes, roller blades are not permitted on courts.
- Players are responsible for picking up their litter and keeping the courts clean.

**Courts Close for the season on November 1st , 2016**

### **Parking:**

Parking for individuals with disabilities available at the courts. All others need to park at the Lower Prescott Park Parking Lot or at the Elementary School Parking Lot and access the courts by the north and south trails.

# After School Program

**Grades:** K – 8  
**Days:** Monday – Friday: August 30, 2016 - June 16, 2017  
**Time:** 3:20 pm – 5:30 pm  
**Location:** Meredith Community Center

## Program Fees

### **Resident fees:**

1 child \$35.00/per week  
2 children: \$50.00/per week  
3 or more: \$65.00/per week



### **Non Resident fees:**

1 child \$50.00/per week  
2 children: \$65.00/per week  
3 or more: \$80.00/per week



Children will have the opportunity to work on homework as well as participate in active games, arts and crafts, challenge days, field trips and much more. Throughout the year there will be fun opportunities such as cooking, karate, yoga etc... In addition to our regular activities! A super fun place to send your children after school!

Check out the After School Packet on our website [www.meredithnh.org](http://www.meredithnh.org) or pick one up at the Community Center today.

Bus #22 grey will transport all Afterschool students to the Community Center directly after school - Parent permission is required for the school.

**\*\*Daily rates are available upon request with specific guidelines.  
We require a 2 week notice for daily rates or a \$10.00  
late fee is applied\*\***

**Pick up time is 5:30 pm. If you pick up your child later than 5:30 pm you will be charged \$5 for every 5 minutes late.**

# Full Day Camp

The Meredith Parks and Recreation Department is offering a full day camp on certain scheduled non-school days.  
Camp is guaranteed to be fun filled!

**Grades:** K – 8

**DEADLINE:** One week prior to the day you wish to attend

**Dates:** October 7 & 21, January 20, February 10

**Location:** Meredith Community Center.

## FULL DAY (9-4)

### Resident Fee:

1 Child Fee	\$30.00/day
2 Child Fee:	\$40.00/day
3 Child Fee:	\$55.00/day

### Non-Resident Fee:

1 Child	\$40.00/day
2 Child	\$52.00/day
3 or more	\$70.00/day

## HALF DAY (9-12)

### Resident:

1 Child	\$15.00/day
2 Child	\$20.00/day
3 or more	\$28.00/day

### Non-Resident:

1 Child	\$20.00/day
2 Child	\$26.00/day
3 or more	\$35.00/day

### **Early Drop Off Fee: (7:30-8:45)**

Resident per Family: \$5.00/day

Non-Resident per Family: \$8.00/day

### **Late Pick Up Fee: (4-5:30)**

Resident per Family: \$5.00/day

Non-Resident per Family: \$8.00/day

## Scheduled Early Release Days

Half day of school, where are the kids? They are at the Community Center!  
Sign up today - it's easy. Your child will ride the bus to the Community Center and enjoy games, crafts, and outdoor fun.

**Grades:** K – 8

**Dates:** October 20, February 13, 14 and the last day of school

**Time:** 12:30pm – 5:30pm

**Location:** Meredith Community Center

	<u>Resident:</u>	<u>Non-Resident</u>
1 Child	\$15.00/day	\$20.00/day
2 Child	\$20.00/day	\$26.00/day
3+	\$28.00/day	\$35.00/day

### **Registration Deadline:**

One week prior to the scheduled early release.

# Vacation Camps

The Meredith Parks and Recreation Department is proud to offer a safe and fun place for children to be during December, February and April Vacations.

**Grades:** K-8

**Dates:** December Vacation 12/27/16 - 12/30/16

**\*no camp\* 12/26/16 & 1/2/17**

February Vacation 2/27/17 - 3/3/17

April Vacation 4/24/17 - 4/28/17

**Location:** Meredith Community Center

**Deadline:** Payment and Registration must be received one week prior to camp or a late fee will be added.

## Program Options:

Full day	9:00am—4:00 pm
Half day	9:00am—12:30 pm or 12:30-4:00 pm
Early Drop Off	7:30am—8:45am (separate fee applies)
Late Pick Up	4:00pm-5:30pm (separate fee applies)
<b>Field trips:</b>	Separate fee required

### FULL DAY

1 child

### Resident

\$100/week

### Non Resident

\$150/week

2 child

\$137/week

\$187/week

3 or more

\$156/week

\$206/week

### HALF DAY

1 Child

\$50/week

\$75/week

2 child

\$69/week

\$94/week

3 child

\$78/week

\$103/week

**Early Drop Off:** \$15/week per family

**\$20/week per family**

**Late Pick Up:** \$15/week per family

**\$20/week per family**

## **What to bring:**

2 snacks and a lunch everyday

Plenty of water

Appropriate clothing for the weather (a change of clothes is recommended)

Sneakers (must have them to participate)

**Pick-Up:** It is very important that you pick your child up on time. If you are consistently late a late fee of \$5 every 5 minutes will be added to your account.

## Meredith Playgroup

Come play with your children in the “big gym”! Parents are responsible to supervise their children. Toys and equipment will be made available for hours of fun!

**When:** Mondays

**Time:** 10AM-12PM

**Session I:** October 3 - December 19, 2016\*

**Session II:** January 9 - April 10, 2017\*

**Cost: Resident:** \$10/\$3 per sibling  
**Non Res:** \$15/\$3 per sibling  
(Per session)



**\*will not meet: 10/10/16, 1/16/17, 2/20/17, 2/27/17\***

## Grades 4-8 Game Night

Come join us while we mix it up monthly for a new, fun, active game! See below for the game of the month

**October:** Matball

**November:** Dodgeball

**December:** Soccer

**January:** Pickleball

**Who:** Boys & Girls in grades 4-8

**When:** Thursday nights

**Time:** 5-6pm

**Where:** Activity Center

**Fee:** \$2 each night



# Fall Family Halloween Bash!

Come join us for some spooky fun, a costume contest, dancing and much more!!

**When:** Saturday October 29, 2016

**Where:** Community Center

**Time:** 5-7 pm

**Who:** Everyone!!!

**Cost:** \$5 Suggested donation/\$10 family

**Donations will help fund future special events.**

There will be prizes for costumes so use your imaginations and creativity for the best costume contest!

**Costume categories include:**

\*Scariest

\*Cutest

\*Funniest

\*Most original

\*Best family costume!

\*AND.... There will be a best overall to be voted on by the crowd!



**\*A variety of fun games and activities\***

**\*Halloween spooky story telling\***

**\*Lots of yummy Halloween treats and spooky punch\***



# Gunstock Program

Take advantage of this great opportunity to learn to ski or snowboard at Gunstock Ski Area. Students will receive a one hour lesson as well as have free time to ski or snowboard. Reduced rental fees and after school supervision also optional.

**GUNSTOCK PACKETS WILL BE OUT MID OCTOBER AND AVAILABLE AT THE COMMUNITY CENTER, INTER-LAKES ELEMENTARY SCHOOL AND ONLINE AT [WWW.MEREDITHNH.ORG](http://WWW.MEREDITHNH.ORG)**

**Who:** Grades K-8

**Grades K-2 must be accompanied AND supervised by an adult**

**Grades 3-8:** Supervised by recreation staff & chaperones

**When:** Wednesday nights - starting in January

**Cost:** Includes lift ticket, lesson, free ski for 5 weeks  
(will be available in the packet from Gunstock)

**Packets can be found at the Inter-Lakes Elementary School and Meredith Community Center at the end of October.**

**After School Supervision:** Available at the Inter-Lakes Elementary School from 3:00pm-4:00pm at an additional cost of \$25/family for residents and \$35/family for non-residents.

**Strict November Deadline set by Gunstock**



## Adult Pickleball - Day Program

This fun game is sweeping the nation and is an ideal way for active adults to have fun and stay in shape.

**When:** Tuesday and Friday

**Where:** Meredith Community Center

**Time:** 9:00 - 11:00 am

**Fee:** \$35.00 per session Meredith & Moultonborough Residents  
\$45.00 per session Non-Residents

**Fall Session:** October 4 - December 2, 2016 (no 11/8, 11/11, 11/25)

**Winter Session:** December 6 - January 31, 2017 (no 12/27, 12/30)

**Cabin Fever Session:** February 3 - March 31, 2017 (no 2/28, 3/3, 3/7)

**Spring Session:** April 4 - May 26, 2017 (no 4/25, 4/28)

**No experience necessary!**



## Strength & Balance

Meredith Parks & Recreation has partnered up with LRGHealthcare to offer this great class to help adults improve their strength, balance and flexibility at a moderate and comfortable pace. Space is limited as there is a maximum of 30 participants per class.

**Fall Session:** September 6 - October 27, 2016

**Winter Session:** November 1 - December 29, 2016  
(no class 11/8/16, 11/24/16)

**Day:** Tuesday & Thursday

**Time:** 11:15am-12:00pm

**Where:** Meredith Community Center—Activity Center

**Fees:** \$80 Residents

\$90 Non-Residents



**\*Registration form must be completed  
for each session\***

## Holiday Craft Fair

Come join us for our 5th annual Holiday Craft Fair on  
**Saturday November 19th from 9-2 pm!**

We are looking for vendors! If you are interested please  
contact Sarah at 279-8197 or  
[sperkins@meredithnh.org](mailto:sperkins@meredithnh.org) for more information!

**\*The afterschool program children will  
be selling baked goods, raffle tickets,  
lunch items and beverages!**



**\*All proceeds from raffles, food and  
beverage items go directly towards the  
Afterschool Program and Summer Camp programs!**

## Senior Exercise Program

Senior adults will enjoy healthy exercise in a fun, safe, and supportive atmosphere.

- When:** Mondays and Thursdays  
**Dates:** **Session 1:** September 8 - October 27, 2016  
**Session 2:** October 31 - December 19, 2016  
**(no class 11/24/16)**  
**Time:** 9:00am - 10:00am  
**Location:** Meredith Community Center  
**Instructor:** Paula Wanzer  
**Fee:** Resident/Taxpayer \$20  
Non-resident/Non-taxpayer \$40

**\*Registration form must be completed\***



## Adult Pick Up Basketball

- Ages:** 18+ Coed  
**When:** Mondays - ongoing  
**Where:** Community Center Activity Center  
**Time:** 5:15pm -7:45pm  
**Fee:** \$3.00 per session



**Registration form required.**

## Evening Adult Pickleball

Come try Pickleball! A fun sport that combines tennis, badminton and ping pong—an activity that everyone can have fun with! It's a great way to get some low impact exercise while having fun!

**Ages:** 18+

**Day:** Thursday nights

**Fall session:** October 6 - December 1, 2016

**Winter session:** December 8 - February 2, 2017

**Mid-winter:** February 9 - March 30, 2017

**Spring:** April 6 - May 25, 2017

**Time:** 6:00pm-8pm

**Fee:** \$20 Resident/per session

\$30 Non-Resident/per session

\$5 per visit



## Climbing Wall

Enjoy the first Friday night each month in the spacious activity center which features a 26' indoor climbing wall with 3 climbing lanes!

All the equipment needed is provided - no outside gear is allowed or needed!

**Dates:** 10/7, 11/4, 12/2, 1/6, 2/3, 3/3,  
4/7, 5/5, 6/2/17

**Time:** 5:30 pm - 7:30 pm

**Where:** Meredith Community Center

**Who:** Everyone!

**Cost:** \$3/per child \$5/adult or \$10/family  
(unlimited climbing)

Basketballs, hula hoops, jump ropes and more is available free of charge!



## Holiday Open House

**When:** Sunday December 4, 2016

**Time:** 2 - 4 pm

**Cost:** Free

**Where:** Meredith Community Center



Join us for Pictures with Santa, Climbing Wall, Arts & Crafts, games refreshments and much more. Then head down to Hesky Park at 5:00 pm for the Annual Tree Lighting Ceremony.

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## Annual Tree Lighting Ceremony at Hesky Park

**December 4th 5:00-5:30 pm**

Join us 5:00pm at Hesky Park for caroling and refreshments. Santa will come and visit around 5:15pm and the tree lighting will take place at 5:30pm.



## North Pole Calling

Give your child the gift of a phone call from Santa!



**Ages:** Preschool - Grade 2

**Date:** Thursday December 15, 2016

**Preschool - Grade K**

Children will receive a call between 6:00pm - 7:30pm

**Grade 1 - 2**

Children will receive a call between 6:30pm - 7:30pm

**Registration:** Registration forms are available at the Community Center and the Meredith Public Library.

**Registration Deadline:** Monday December 12, 2016

## Drop In Hours & Policies

**(September 1, 2016 - November 23, 2016)**

**This time is intended for the community at large  
with the following provisions:**

- \* A registration form is REQUIRED before anyone can participate in drop in times.
- \* Students in Grades 7-12 can attend without a parent if a registration form is on file.
- \* Students grades 6 and under can attend with a parent/guardian.

\*Availability is subject to change\*

### **Activity Center**

Monday through Friday: 2:00pm-4:00pm  
Wednesday: 5:00pm - 8pm  
Friday: 5:00pm - 8pm  
Saturday: 9am-1pm (pending private bookings)

### **Game Room:**

Monday-Friday 2pm-4pm & 6pm-8pm  
Saturday: 9am-1pm

The Activity Center (gymnasium) and Game Room are often available throughout the day also - call us to check 279-8197!

A weekly schedule of additional drop in gym times or changes in schedule will be posted weekly on our website at [www.meredithnh.org](http://www.meredithnh.org)

### **Drop In Policies:**

- 1 Registration Form MUST be filled out and given to the front desk or you will be asked to leave.
2. Everyone must sign in and out at the front desk.
3. Play safe, no hands on activities.
4. Appropriate language only.
5. Be respectful of others belongings and equipment.
6. Follow instructions given by Community Center Staff.